



**Mrs. Richa Rao, Physical Director.**

*Mrs. Richa Rao is qualified with B.P.E. from LNIPE, Gwalior(MP), M.P.E. from DAVV, Indore (MP), M.Phil. from Bharathiar University, Coimbatore and Certificate Course in Yoga from DAVV, Indore (MP).*

*Since from last 12 years serving as an Physical Director in the Institutions and from 2012 she is working in this institution. She is also --0*

- *University Blue in Athletics, Cricket and Hand Ball.*
- *Gold Medal in 400mtrs & 600mtrs in School Games Federation of India National with new meet record.*
- *Gold Medal in 400mtrs and 100mtrs Hurdles in Madhya Pradesh with new meet record in State Level Competition.*
- *All India Inter Zonal Athletic meet and Amateur Athletic Association (National Level) secured 3<sup>rd</sup> Place in 400mtrs Hurdles and 600mtrs running.*
- *Attended Junior India Camp in Athletics.*

*She has presented papers in various National level seminars, got published some articles in State & National level journals. She has also participated in various Workshops, Seminars etc.*

**Date of Joining:** 30/05/2012.

**Subjects taught :**

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