NAME OF THE ACTIVITY: ANNUAL SPORTS MEET

INTERNATIONAL/NATIONAL/STATE/COLLEGE LEVEL: COLLEGE

**ORGANISED BY: DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS** 

TITLE OF THE ACTIVITIES: ANNUALSPORTS

DATE AND TIME: 9TH JUNE 2021, 7 AM



REPORT: Physical Education is a integral part of the total Education system. It helps in the attainment of the ultimate aim of the Education i.e. the achievement of Holistic Development. This week's Annual sports day was conducted in our college. It was going to be a huge program of the year. All the students were very much excited after all this was the time to enjoy beyond the studies. All have selected for different events and started practicing and making them well and fit for the day. All the students have taken part in those games which are their strength. Then the event has started with 800 meters men and women followed by all the events like 100 mts, 200mts, 400 mts, Long Jump, Shot put, Discuss, Javelin and 4\*100 mts Relay after that we have started Indoor events Badminton and Table Tennis.

PARTICIPANTS: 100

COORDINATOR: Dr. Richa Rao, Physical Education Director



