



Mrs. Richa Rao

Physical Director

Mrs. Richa Rao is qualified with B.P.E. from LNIPE, Gwalior (MP), M.P.E. from DAVV, Indore (MP), M.Phil. from Bharathiar University, Coimbatore and Certificate Course in Yoga from DAVV, Indore (MP). Since from last 12 years serving as an Physical Director in the Institutions and from 2012 she is working in this institution.

She is also –

- University Blue in Athletics, Cricket and Hand Ball.
- Gold Medal in 400mtrs & 600mtrs in School Games Federation of India National with new meet record.
- Gold Medal in 400mtrs and 100mtrs Hurdles in Madhya Pradesh with new meet record in State Level Competition.
- All India Inter Zonal Athletic meet and Amateur Athletic Association (National Level) secured 3rd Place in 400mtrs Hurdles and 600mtrs running.
- Attended Junior India Camp in Athletics.

She has presented papers in various National level seminars, got published some articles in State & National level journals. She has also participated in various Workshops, Seminars etc.

Details:

Date of Joining: 30/05/2012

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